CADBURY PARK
AT JACARANDA TRACE

NOVEMBER 2026 DAILY ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Church Service TV 10:30 Singalong 2:30 Tasty Little Break 3:30 Sensory Spa	**2** 10:30 Bowling 1:30 Finish the Lyric 2:30 Fresh Baked Cookies 3:30 BINGO	**3 PET THERAPY** 10:30 Finish the Phrase 11:15 Exercise with Jeff 1:30 Aqua Painting 2:30 *Tea Party* 4:00 Karaoke on the Veranda	**4** 10:30 Cardio Ball Toss 11:00 Name that Sound (IN2L) 2:00 Singalong 2:30 Tasty Little Break 3:00 Sorting Challenge	**5** 10:30 Chair Dance Fitness 1:30 Singing the Oldies on the Veranda 2:30 Ice Cream Social 4:00 BINGO	**6** 10:30 Chair Yoga 11:00 Finish the Lyric 1:30 Arts & Crafts 2:00 Music with Movement 3:00 *Happy Hour*	**7** 10:30 Morning Stretch 1:30 Flower Arranging 2:30 Tasty Little Break 3:00 Singalong 6:30 Movie Night
8 9:30 Church Service TV 10:30 Singalong 2:00 *Heart Wonders* 2:30 Tasty Little Break 3:30 Sensory Spa	**9** 10:30 Chair Yoga 1:30 Alphabet Word Games 2:30 Fresh Baked Cookies 3:30 BINGO	**10** 10:30 Finish the Phrase 11:15 Exercise with Jeff 1:30 Bubbles & Beats 2:30 *Create a Snack* 4:00 Karaoke on the Veranda	**11 VETERANS DAY** 10:30 Cardio Ball Toss 11:00 Name that Sound (IN2L) 2:00 Singalong 2:30 Tasty Little Break 3:00 Sensory Games	**12** 10:30 Parachute Fun 1:30 Singing the Oldies on the Veranda 2:30 Ice Cream Social 4:00 BINGO	**13** 10:30 Chair Yoga 11:00 Finish the Lyric 1:30 Arts & Crafts 2:00 Music with Movement 3:00 *Happy Hour*	**14** 10:30 Balloon Volleyball 1:30 Flower Arranging 2:30 Tasty Little Break 3:00 Singalong 6:30 Movie Night
15 9:30 Church Service TV 10:30 Singalong 2:30 Tasty Little Break 3:30 Sensory Spa	**16** 10:30 Bowling 1:30 Finish the Lyric 2:30 Fresh Baked Cookies 3:30 BINGO	**17 PET THERAPY** 10:30 Finish the Phrase 11:15 Exercise with Jeff 1:30 Aqua Painting 2:30 *Tea Party* 4:00 Karaoke on the Veranda	**18** 10:30 Cardio Ball Toss 11:00 Name that Sound (IN2L) 2:00 Singalong 2:30 Tasty Little Break 3:00 Sorting Games	**19** 10:30 Chair Dance Fitness 1:30 Singing the Oldies on the Veranda 2:30 Ice Cream Social 4:00 BINGO	**20** 10:30 Chair Yoga 11:00 Finish the Lyric 1:30 Arts & Crafts 2:00 Music with Movement 3:00 *Happy Hour*	**21** 10:30 Morning Stretch 1:30 Flower Arranging 2:30 Tasty Little Break 3:00 Singalong 6:30 Movie Night

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