


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
 <p>POPUP EVENT</p> <p>Discover the Power of Superfoods! Engage with the Nutritionist, sample delicious superfood-infused treats, and learn how these nutritional powerhouses can elevate your health and wellness.</p>	<p>The Programs in GREEN require action from you.</p> <p>Onsite Dermatology Clinic—877-345-5300 for appointment (2WS) Fun Bridge—Lois Burkholder, 731-394-0581</p> <p>Fitness Center Orientation - Email Jeff at jsimmons@conviviallife.org Court Whist - Paula Glover, 941-303-5530 (2CR)</p> <p>Chicago Bridge—Gerda Robinson, 941-483-6431 (2PA) Hand & Foot—Linda Boyd, 774-454-6523 (2CR)</p> <p>Partner Bridge - Audrey Anderson, 941-497-0026 (2PA) Knit & Stitch—Beth Sullivan, 941-408-4944 (2PA)</p> <p>Duplicate Bridge - Bobbie Patterson, 941-303-5525 (2CR) Hearing Clinic - 941-232-5398 for appointment (2WS)</p> <p>Mexican Train—Marilyn Heath, 239-682-7277 (2CR) Podiatry— 941-408-2075 for appointment (2WS)</p> <p>Refer to your Cubigo account or a kiosk outside the Arts & Leisure Office for more details.</p>			<p>8:00 Brain Game (3GP)</p> <p>9:00 Fitness Orientation (1FC)</p> <p>9:00 Yoga Stretch (2EC)</p> <p>9:00 Pool Volleyball (1P)</p> <p>10:00 Summer in the Psalms (W106)</p> <p>10:00 Euchre (2CR)</p> <p>10:00 Adapting to Life Changes (2MT)</p> <p>10:45 Water Aerobics (1P)</p> <p>1:00 Balance Class (2EC)</p> <p>1:00 Duplicate Bridge (2CR)</p> <p>2:00 Patron Saints (2AC)</p> <p>7:00 Classic Movie (2MT)</p>	<p>8:00 Brain Game (3GP)</p> <p>8:15 Java with Jeff (3G)</p> <p>9:00 Standing Cardio (2EC)</p> <p>9:30 Motion & Balance Class (2EC)</p> <p>9:45 Weights (2EC)</p> <p>10:00 Dining Committee (2BR)</p> <p>10:15 Seated Cardio (2EC)</p> <p>12:30 Mahjong (2CR)</p> <p>1:00 Fun Bridge (2CR)</p> <p>1:00 Pinochle (2PA)</p> <p>3:00 Meditation Circle (2AC)</p> <p>4:00 Happy Hour Mixer (2PA)</p>	<p>8:00 Brain Game (3GP)</p> <p>9:00 Pool Volleyball (1P)</p> <p>10:00 Ladies Ping Pong (W106)</p> <p>11:00 Mimosas & Pastries (2PA)</p> <p>12:15 Lunch at Der Dutchman</p> <p>1:00 Mahjong (2CR)</p> <p>7:00 Current Movie (2MT)</p>
4	5	6	7	8	9	10
<p>8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP)</p> <p>3:30 Dress & Dine</p> <p>5:00 Whittier & Villa Party (2PA)</p> <p>7:00 Man Cave Movie (2MT)</p>	<p>8:00 Brain Game (3GP)</p> <p>9:00 Standing Cardio (2EC)</p> <p>9:30 Motion & Balance Class (2EC)</p> <p>9:00 Catholic Novena (2AC)</p> <p>10:00 Catholic Mass (2AC)</p> <p>9:45 Weights (2EC)</p> <p>10:15 Seated Cardio (2EC)</p> <p>10:30 Cornhole (W106)</p> <p>10:45 Water Aerobics (1P)</p> <p>1:00 Ice Cream Truck (1PC)</p> <p>1:00 Balance Class (2EC)</p> <p>2:00 Cribbage (2CR)</p> <p>3:30 Cubigo Training (2AC)</p> <p>7:00 Mexican Train (2CR)</p>	<p>8:00 Lab Services (2WS)</p> <p>8:00 Tai Chi (2EC)</p> <p>8:00 Brain Game (3GP)</p> <p>8:00 Walking Club (1PCG)</p> <p>9:00 Yoga Stretch (2EC)</p> <p>9:00 Fitness Orientation (1FC)</p> <p>9:00 Pool Volleyball (1P)</p> <p>10:00 Euchre (2CR)</p> <p>10:45 Water Aerobics (1P)</p> <p>1:00 Chicago Bridge (2CR)</p> <p>1:15 Active Minds (2AC)</p> <p>2:00 Rummikub (2PA)</p> <p>2:00 HealthNut Series (2AC)</p> <p>3:00 Line Dancing (2EC)</p> <p>7:00 Open Poker (2PA)</p>	<p>8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP)</p> <p>9:00 Standing Cardio (2EC)</p> <p>9:30 Motion & Balance Class (2EC)</p> <p>9:45 Weights (2EC)</p> <p>10:15 Seated Cardio (2EC)</p> <p>10:30 Chico's & First Watch</p> <p>1:00 Knit & Stitch (2MT)</p> <p>1:00 Hand & Foot (2CR)</p> <p>6:30 Partner Bridge (2CR)</p> <p>7:00 Bingo (2PA)</p>	<p>Dermatology Clinic (2WS)</p> <p>8:00 Brain Game (3GP)</p> <p>9:00 Fitness Orientation (1FC)</p> <p>9:00 Yoga Stretch (2EC)</p> <p>9:00 Pool Volleyball (1P)</p> <p>10:00 Euchre (2CR)</p> <p>10:45 Water Aerobics (1P)</p> <p>1:00 Balance Class (2EC)</p> <p>1:00 Duplicate Bridge (2CR)</p> <p>4:00 Entertainment (2PA)</p> <p>7:00 Classic Movie (2MT)</p>	<p>8:00 Brain Game (3GP)</p> <p>9:00 Standing Cardio (2EC)</p> <p>9:30 Motion & Balance Class (2EC)</p> <p>9:45 Weights (2EC)</p> <p>10:00 Cubigo Training 201 (2AC)</p> <p>10:15 Seated Cardio (2EC)</p> <p>12:30 Mahjong (2CR)</p> <p>1:00 Pinochle (2CR)</p> <p>2:00 Creative Arts (W106)</p> <p>3:30 Cubigo Training 201 (2AC)</p> <p>4:00 Happy Hour Mixer (2PA)</p>	<p>8:00 Brain Game (3GP)</p> <p>9:00 Pool Volleyball (1P)</p> <p>10:00 Ladies Ping Pong (W106)</p> <p>11:00 Mimosas & Pastries (2PA)</p> <p>12:45 Summer Circus Spectacular</p> <p>1:00 Mahjong (2CR)</p> <p>7:00 Current Movie (2MT)</p>

ROOM LOCATION LEGEND

- 1P = POOL
- 1FC = FITNESS CENTER
- 1FA = FOUNTAIN AREA
- 1PCG = PORTE-COCHERE GARAGE
- 1DA = DELIVERY AREA
- 2AC = ARTS & CRAFTS ROOM
- 2BR = BOARD ROOM
- 2CR = CARD ROOM
- 2EC = ENRICHMENT CENTER
- 2MT = MOVIE THEATRE
- 2PA = PARLOR AREA
- 2LB = LIBRARY BUSINESS CENTER
- 2WS = WELLNESS SUITE
- 3C = CONCIERGE
- 3A = AUDITORIUM
- 3GP = GRAND PARLOR
- 3G = THE GRILL
- 3AD = AUDITORIUM DRESSING ROOM
- 3HH = BAR AREA & GRAND PARLOR
- 3HB = Hibiscus Room
- 3K = Kitchen
- W106 = Whittier Unit 106



Afternoon Tea
Monday – Friday
2:00 PM (2PA)



Brain Games
Pick up a weekly
packet (3GP)



Monday – Thursday
and Saturday
4:00-5:00 PM (3GP)

REFER TO YOUR CUBIGO ACCOUNT OR A KIOSK FOR MORE DETAILS.

SIGN UP REQUIRED FOR ITEMS IN RED.

DROP IN AND ENJOY FOR ITEMS IN BLACK.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 Bastille Day 8:00 Brain Game (3GP) 4:10 Dress & Dine 5:00 Barday 3 rd Floor Party (2PA) 7:00 Man Cave Movie (2MT)	12 8:00 Lab Services (2WS) 8:00 Brain Game (3GP) 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:15 Seated Cardio (2EC) 10:30 Cornhole (W106) 10:30 Tech Committee (2BR) 10:45 Water Aerobics (1P) 1:00 Open Studio (W106) 1:00 Balance Class (2EC) 2:00 Cribbage (2CR) 3:00 Women in the Bible (2AC) 7:00 Mexican Train (2CR)	13 8:00 Tai Chi (2EC) 8:00 Brain Game (3GP) 8:00 Walking Club (1PCG) 9:00 Yoga Stretch (2EC) 9:00 Fitness Orientation (1FC) 9:00 Pool Volleyball (1P) 9:30 Communion & Rosary (2AC) 10:00 Euchre (2CR) 10:00 Men Only (2EC) 10:45 Water Aerobics (1P) 1:00 Chicago Bridge (2CR) 1:15 Active Minds (2AC) 2:00 Rummikub (2PA) 2:20 Podiatry Clinic (2WS) 3:00 Line Dancing (2EC) 7:00 Open Poker (2PA)	14 8:00 Lab Services (2WS) 8:00 Brain Game (3GP) 9:00 Shred It Event 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:00 Cubigo Training 201 (2AC) 10:15 Seated Cardio (2EC) 11:00 EAF Committee (2BR) 1:00 Knit & Stitch (2MT) 1:00 Hand & Foot (2CR) 3:30 Cubigo Training 201 (2AC) 7:00 Bingo (2PA)	15 8:00 Brain Game (3GP) 9:00 Fitness Orientation (1FC) 9:00 Yoga Stretch (2EC) 9:00 Pool Volleyball (1P) 10:00 Euchre (2CR) 10:00 New Member Orientation (2AC) 10:45 Water Aerobics (1P) 11:00 Whatcha Got Cookin'? (3G) 1:00 Duplicate Bridge (2CR) 1:00 Balance Class (2EC) 3:30 Town Hall (3A) 7:00 Classic Movie (2MT)	16 8:00 Brain Game (3GP) 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:15 Seated Cardio (2EC) 10:15 Fireside Chat (2AC) 11:00 2nd Book Club (2BR) 12:30 Mahjong (2CR) 1:00 Fun Bridge (2CR) 1:00 Pinochle (2PA) 4:00 Happy Hour Mixer (2PA)	17 8:00 Brain Game (3GP) 9:00 Pool Volleyball (1P) 10:00 Ladies Ping Pong (W106) 11:00 Mimosas & Pastries (2PA) 1:00 Mahjong (2CR) 6:30 Florida Studio Theatre 7:00 Current Movie (2MT)
18 8:00 Brain Game (3GP) 5:00 Barday 8 th Floor Party (2PA) 7:00 Man Cave Movie (2MT)	19 8:00 Lab Services (2WS) 8:00 Brain Game (3GP) 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:00 Cubigo Training 201 (2AC) 10:00 Mote Tour & Lunch 10:15 Seated Cardio (2EC) 10:30 Cornhole (W106) 10:45 Water Aerobics (1P) 1:00 Balance Class (2EC) 1:00 Advisory Council (2PA) 2:00 Cribbage (2CR) 3:30 Cubigo Training 201 (2AC) 7:00 Mexican Train (2CR)	20 8:00 Tai Chi (2EC) 8:00 Brain Game (3GP) 8:00 Walking Club (1PCG) 9:00 Yoga Stretch (2EC) 9:00 Fitness Orientation (1FC) 9:00 Pool Volleyball (1P) 9:30 Communion & Rosary (2AC) 10:00 Euchre (2CR) 10:45 Water Aerobics (1P) 12:00 Wellness Lunch & Learn (3A) 1:00 Chicago Bridge (2CR) 1:15 Active Minds (2AC) 2:00 Rummikub (2PA) 3:00 Line Dancing (2EC) 7:00 Open Poker (2PA)	21 Lab Services (2WS) 8:00 Brain Game (3GP) 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:15 Seated Cardio (2EC) 11:00 Emp Ed Committee (2BR) 1:00 Knit & Stitch (2MT) 1:00 Hand & Foot (2CR) 2:00 Arts & Leisure Scoop (2AC) 6:30 Partner Bridge (2CR) 7:00 Bingo (2PA)	22 8:00 Brain Game (3GP) 8:45 Sacred Spaces Series 9:00 Fitness Orientation (1FC) 9:00 Yoga Stretch (2EC) 9:00 Pool Volleyball (1P) 10:00 Euchre (2CR) 10:45 Water Aerobics (1P) 1:00 Duplicate Bridge (2CR) 1:00 Balance Class (2EC) 2:30 Wellness Nurse Presentation (2AC) 4:00 Entertainment (2PA) 7:00 Classic Movie (2MT)	23 Birthday Card Signing (2CR) 8:00 Brain Game (3GP) 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:15 Seated Cardio (2EC) 11:00 1st Book Club (2BR) 12:30 Mahjong (2CR) 1:00 Pinochle (2PA) 2:00 Move Your Minds Intro (2AC) 3:30 Shabbat Service (2AC) 4:00 Happy Hour Mixer (2PA) 6:40 Venice Theatre	24 Birthday Card Signing (2CR) 8:00 Brain Game (3GP) 9:00 Pool Volleyball (1P) 10:00 Ladies Ping Pong (W106) 10:00 Sound Bath Healing (2AC) 11:00 Mimosas & Pastries (2PA) 1:00 Mahjong (2CR) 7:00 Current Movie (2MT)
25 Birthday Card Signing (2CR) 8:00 Brain Game (3GP) 4:20 Dress & Dine 5:00 Barday 6 th Floor Party (2PA) 7:00 Man Cave Movie (2MT)	26 8:00 Lab Services (2WS) 8:00 Brain Game (3GP) 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:15 Seated Cardio (2EC) 10:30 Cornhole (W106) 10:45 Water Aerobics (1P) 11:00 Welcome Committee (2BR) 1:00 Balance Class (2EC) 1:00 Open Studio (W106) 2:00 Cribbage (2CR) 2:00 100 th Birthday Party (3A) 7:00 Mexican Train (2CR)	27 8:00 Tai Chi (2EC) 8:00 Brain Game (3GP) 8:00 Walking Club (1PCG) 9:00 Yoga Stretch (2EC) 9:00 Fitness Orientation (1FC) 9:00 Pool Volleyball (1P) 9:30 Communion & Rosary (2AC) 10:00 Euchre (2CR) 10:00 Men Only (2EC) 10:45 Water Aerobics (1P) 1:00 Chicago Bridge (2CR) 1:15 Active Minds (2AC) 2:00 Rummikub (2PA) 3:00 Line Dancing (2EC) 7:00 Open Poker (2PA)	28 8:00 Lab Services (2WS) 8:00 Brain Game (3GP) 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:15 Seated Cardio (2EC) 12:00 Empath Program (2WS) 1:00 Knit & Stitch (2MT) 1:00 Hand & Foot (2CR) 2:00 National Food Day (2AC) 7:00 Bingo (2PA)	29 8:00 Brain Game (3GP) 9:00 Fitness Orientation (1FC) 9:00 Yoga Stretch (2EC) 9:00 Pool Volleyball (1P) 10:00 Euchre (2CR) 10:45 Water Aerobics (1P) 10:45 Summer Salon Concert 3 1:00 Duplicate Bridge (2CR) 1:00 Balance Class (2EC) 4:00 Entertainment (2PA) 7:00 Classic Movie (2MT)	30 8:00 Brain Game (3GP) 9:00 Standing Cardio (2EC) 9:30 Motion & Balance Class (2EC) 9:45 Weights (2EC) 10:00 Cubigo Training 201 (2BR) 10:15 Seated Cardio (2EC) 12:30 Mahjong (2CR) 1:00 Low Vision Sign Up (2AC) 1:00 Pinochle (2PA) 2:00 Move Your Minds 1 (2AC) 3:30 Cubigo Training 201 (2BR) 4:00 Happy Hour Mixer (2PA)	31 8:00 Brain Game (3GP) 9:00 Pool Volleyball (1P) 10:00 Ladies Ping Pong (W106) 10:00 Orchid Presentation 11:00 Mimosas & Pastries (2PA) 1:00 Mahjong (2CR) 6:10 Jimmy Buffet Tribute Concert 7:00 Current Movie (2MT)